

Nutritional Data

Salt

Manufacture Location: Watkins Glen, NY

FlakeSelect® Sea Salt Flour FlakeSelect® Sea Salt Fine FlakeSelect® Sea Salt Fine Untreated

FlakeSelect® Potassium Chloride Coarse FlakeSelect® Potassium Chloride Fine

FlakeSelect® Sea Salt Coarse

FlakeSelect® Potassium Chloride / Salt 50/50 Fine

Calories (kcal/100g)
Total Fat (g/100g)
Saturated Fat (g/100g)
Trans Fat (g/100g)
Polyunsaturated Fat (g/100g)
Monounsaturated Fat (g/100g)
Cholesterol (mg/100g)
Sodium (mg/100g)
Fluoride (mg/100g)
Total Carbohydrate* (g/100g)
Dietary Fiber (g/100g)
Total Sugars** (g/100g)
Added Sugars (g/100g)

FlakeSelect Sea Salt Flour FlakeSelect Sea Salt Fine	FlakeSelect Sea Salt Fine Untreated FlakeSelect Sea Salt Coarse	FlakeSelect Potassium Chloride Coarse FlakeSelect Potassium Chloride Fine	• FlakeSelect Potassium Chloride / Salt 50/50 Fine
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
38843	39325	372	19632
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0

Claims: The labeling, substantiation and decision making of all claims for your products is your responsibility. We recommend you consult regulatory and legal advisors familiar with all applicable laws, rules and regulations prior to making labeling and claims decisions for your products.

Contact

FSQR Customer Value North America

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the world

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FlakeSelect® Sea Salt Coarse

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Protein (g/100g)
Vitamin D (mcg/100g)
Calcium (mg/100g)
Iron (mg/100g)
Potassium (mg/100g)
Vitamin A (mcg (RAE)/100g)
Vitamin C (mg/100g)
Phosphorus (mg/100g)
Iodine (mg/100g)
Magnesium (mg/100g)
Zinc (mg/100g)
Copper (mg/100g)
Moisture (g/100g)
Ash (g/100g)

• FlakeSelect Potassium Chloride / Salt 50/50 Fine	 FlakeSelect Potassium Chloride Coarse FlakeSelect Potassium Chloride Fine 	 FlakeSelect Sea Salt Fine Untreated FlakeSelect Sea Salt Coarse 	• FlakeSelect Sea Salt Flour • FlakeSelect Sea Salt Fine
0	0	0	0
0	0	0	0
508	194	3	488
0.1	0.1	0.1	0.1
25511	51531	7	7
0	0	0	0
0	0	0	0
250	100	0	250
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0.1	0.1	0.1	0.1
99.9	99.9	99.9	99.9

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*The Total Carbohydrate value includes Xg of non-digestible soluble CHO which would be calculated at 2kcal per gram and Xg of non-digestible insoluble CHO which would be calculated at 0kcal per gram. Values based on AOAC method of analysis.

**On a dry weight basis, this product contains Xg sugar

This product is not a significant source of Vitamin A, Vitamin C, Thiamine, Niacin, or Riboflavin. This salt does not supply iodide, a necessary nutrient.

Nutritional values are typical and not analyzed every lot. These values are from a combination of calculations and analytical data.

Nutritional values will vary slightly between manufacturing facilities. Salt is an inorganic mineral mined from underground mineral deposits or evaporated from seawater across the United States. Each mineral deposit will vary slightly in mineral composition.

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